# Variance Reduction for Evolution Strategies via Structured Control Variates

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## **Abstract**

Evolution Strategies (ES) are a powerful class of blackbox optimization techniques that recently became a competitive alternative to state-of-the-art policy gradient (PG) algorithms for reinforcement learning (RL). We propose a new method for improving accuracy of the ES algorithms, that as opposed to recent approaches utilizing only Monte Carlo structure of the gradient estimator, takes advantage of the underlying MDP structure to reduce the variance. We observe that the gradient estimator of the ES objective can be alternatively computed using reparametrization and PG estimators, which leads to new control variate techniques for gradient estimation in ES optimization. We provide theoretical insights and show through extensive experiments that this RL-specific variance reduction approach outperforms general purpose variance reduction methods.

## 1 Introduction

Evolution strategies (ES) have regained popularity through their successful application to modern reinforcement learning (RL). ES are a powerful alternative to policy gradient (PG) methods. Instead of leveraging the Markov decision process (MDP) structure of a given RL problem, ES cast the RL problem as a blackbox optimization. To carry out this optimization, ES use gradient estimators based on randomized finite difference methods. This presents a trade-off: ES are better at handling long term horizons and sparse rewards than PG methods, but the ES gradient estimator may have prohibitively large variance.

Variance reduction techniques can make both methods more practical. Control variates (also known as baseline functions) that leverage Markovian [14, 22, 24] and factorized policy structures [5, 11, 4, 31], help to improve PG methods. In contrast to these structured approaches, variance reduction for ES has been focused on general-purpose Monte Carlo (MC) techniques, such as antithetic sampling [20, 13], orthogonalization [2], optimal couplings [19] and quasi-MC sampling [2, 19].

**Main idea.** We propose a variance reduction technique for ES that leverages the underlying MDP structure of the RL problems. We begin with a simple re-parameterization of the problem that uses PG estimators computed via backpropagation. We follow by constructing a control variate using the difference of two gradient estimators of the same objective. The result is a RL-specific variance reduction technique for ES that achieves better performance across a wide variety of RL problems.

Figure 1 summarizes the performance of our proposal over 16 RL benchmark tasks. Our method consistently improves over vanilla ES baselines and other state-of-the-art general purpose MC variance reduction methods. Moreover, we provide theoretical insight to why our algorithm achieves more substantial variance reduction than orthogonal ES [2] when the policy itself is highly stochastic (see Section 3 for detailed analysis).

**Related Work.** Control variates are commonly used to reduce the variance of MC-based estimators [18]. In blackbox variational inference algorithms, carefully designed control variates can reduce the

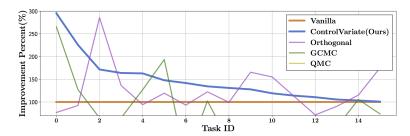


Figure 1: Percentile improvement over 16 benchmark tasks. The metric is calculated for each task as  $(r_{\rm cv}-r_{\rm random})/(r_{\rm es}-r_{\rm random})$ , where  $r_{\rm cv}, r_{\rm es}, r_{\rm random}$  are the final rewards for the RL tasks obtained with our control variate, vanilla ES, and random policy methods respectively. We see that our proposal consistently improves over vanilla ES for all tasks, and over all compared variance reduction methods for 10 tasks. Section 4 provides additional details.

variance of MC gradient updates, leading to faster convergence [15, 16]. In RL, PG methods apply state-dependent baseline functions as control variates [14, 22, 24]. While action-dependent control variates [6, 11, 4, 31] have been proposed to achieve further variance reduction, Tucker et al. [29] recently showed that the reported performance gains may be due to subtle implementation details, rather than better baseline functions.

To leverage MDP structure in developing a RL-specific control variate for ES, we derive a gradient estimator for the ES objective based on reparameterization [9] and the PG estimator. The control variate is constructed as a difference between two alternative gradient estimators. Our approach is related to a control variate techniques developed for modeling discrete latent variables in variational inference [30]. The idea is to relax the discrete model into a differentiable one and construct the control variate as the difference between the score function gradient estimator and reparameterized gradient estimator of the relaxed model. We expand on this connection in Section 3.3.

# 2 Policy Optimization in Reinforcement Learning

Sequential decision making problems are often formulated as a MDPs. Consider an episode indexed by time. At any given time  $t \geq 0$ , an agent is in a state  $s_t \in \mathcal{S}$ . The agent then takes an action  $a_t \in \mathcal{A}$ , receives an instant reward  $r_t = r(s_t, a_t) \in \mathbb{R}$ , and transitions to the next state  $s_{t+1} \sim p(\cdot \mid s_t, a_t)$ , where p is a distribution determining transitional probabilities. Define the policy  $\pi: \mathcal{S} \mapsto \mathcal{P}(\mathcal{A})$  as a conditional distribution over actions  $\mathcal{A}$  given a state  $s_t \in \mathcal{S}$ . RL seeks to maximize the expected cumulative rewards over a given time horizon t,

$$J^{\gamma}(\pi) = \mathbb{E}_{\pi} \left[ \sum_{t=0}^{T-1} r_t \gamma^t \right], \tag{1}$$

where  $\gamma \in (0,1]$  is a discount factor and the expectation is with respect to randomized environment and outputs of the policy  $\pi$ .

Ideally, we would like to work with an infinite horizon and no discount factor. This is however infeasible. In practice, horizon T is bounded by sample collection [1] while directly optimizing the undiscounted objective  $J^1(\pi)$  admits unusably high variance gradient estimators [22]. As a result, modern RL algorithms tackle the problem through a discount factor  $\gamma < 1$ , which reduces the variance of the gradient estimators but introduces bias [22, 24, 14]. At evaluation time, the algorithms are evaluated with finite horizons  $T < \infty$  and undiscounted returns  $\gamma = 1$  [22, 24, 14]. We follow this setup here as well.

Consider parameterizing the policy as  $\pi_{\theta}$  where  $\theta \in \mathbb{R}^d$ . The goal is to optimize Equation (1) with respect to policy parameters. A natural approach is to use exact gradient methods. Regrettably, this objective function does not admit an analytic gradient. Thus, we turn to stochastic gradient techniques [17] and seek to construct approximations to the true gradient  $g_{\theta}^{\gamma} = \nabla_{\theta} J^{\gamma}(\pi_{\theta})$ .

#### 2.1 Evolution Strategies for Policy Optimization

Evolution strategies (ES) [20] take a blackbox optimization approach to maximizing Equation (1). To do so, the first step is to ensure that the objective function is differentiable with respect to the policy parameters. To this end, ES begin by convolving the original objective  $J^{\gamma}(\pi_{\theta})$  with a multivariate isotropic Gaussian distribution of mean  $\theta$  and variance  $\sigma^2$ :

$$F^{\sigma,\gamma}(\theta) = \mathbb{E}_{\theta' \sim \mathcal{N}(\theta,\sigma^2\mathbb{I})} \left[ J^{\gamma}(\pi_{\theta'}) \right]. \tag{2}$$

ES maximize this smooth objective as a proxy to maximizing the original objective  $J^{\gamma}(\pi_{\theta})$ . The convolved objective F enjoys the advantage of being differentiable with respect to the policy. In the limit  $\sigma \to 0$ , an optimal point of  $F^{\sigma,\gamma}(\theta)$  is also optimal with respect to  $J^{\gamma}(\pi_{\theta})$ . The next step is to derive a gradient of Equation (2). Consider the score function gradient,

$$\nabla_{\theta} F^{\sigma,\gamma}(\theta) = \mathbb{E}_{\theta' \sim \mathcal{N}(\theta, \sigma^2 \mathbb{I})} \left[ J^{\gamma}(\pi_{\theta'}) \frac{\theta' - \theta}{\sigma^2} \right]. \tag{3}$$

This gradient can be computed by sampling  $\theta_i' \sim \mathcal{N}(\theta, \sigma^2 \mathbb{I})$  and computing unbiased estimates of each  $J^{\gamma}(\pi_{\theta_i'})$  using a single roll-out trajectory of  $\pi_{\theta_i'}$  in the environment. The resulting score function gradient estimator has the following form:

$$\hat{g}_{\theta}^{\text{ES},\gamma} = \frac{1}{N} \sum_{i=1}^{N} J^{\gamma}(\pi_{\theta_i'}) \frac{\theta_i' - \theta}{\sigma^2}.$$
 (4)

This gradient estimator is biased with respect to the original objective. However, in practice this bias does not hinder optimization; on the contrary, the smoothed objective landscape is often more amenable to gradient-based optimization ([10]). We also make clear that though the ES gradient is defined for any  $\gamma \in (0,1]$ , in practice parameters are updated with the gradient of the undiscounted objective  $\hat{g}_{\theta}^{\text{ES},1}$  [20, 13, 2].

#### 2.2 Policy Gradient Methods for Policy Optimization

Policy gradient (PG) [26] methods take a different approach. Instead of deriving the gradient through a parameter level perturbation as in ES, the core idea of PG is to leverage the randomness in the policy itself. Using a standard procedure from stochastic computational graphs [21], we compute the gradient of Equation (1) as follows

$$\nabla_{\theta} J^{\gamma}(\pi_{\theta}) = \mathbb{E}_{\pi_{\theta}} \left[ \sum_{t=0}^{T-1} \left( \sum_{t'=t}^{T-1} r_{t'} \right) \gamma^{t} \nabla_{\theta} \log \pi_{\theta}(a_{t}|s_{t}) \right]. \tag{5}$$

Unbiased estimators  $\hat{g}_{\theta}^{\mathrm{PG},\gamma}$  of this gradient can be computed using sampling as above for the ES method. In practice, the sample estimate of Equation (5) often has large variance which destabilizes the updates. To alleviate this issue, one convenient choice is to set  $\gamma < 1$  so that the long term effects of actions are weighted down exponentially. This reduces the variance of the estimator, but introduces bias with respect to the original undiscounted objective  $J^1(\pi_{\theta})$ .

Es and PG are two alternative methods for deriving gradient estimators with respect to the policy parameters. On an intuitive level, these two methods complement each other for variance reduction: PG leverages the MDP structure and achieves lower variance when the policy is stochastic; ES derives the gradient by injecting noise directly into the parameter space and is characterized by lower variance when the policy itself is near-deterministic. Our goal in this paper is to develop a single estimator that benefits from both approaches. We formalize this intuition in the next section.

## 3 Variance Reduction via Structured Control Variates

We seek a control variate for the ES gradient estimator in Equation (4). Recall that this gradient is with respect to a smoothed objective:  $F^{\sigma,\gamma}(\theta)$  with  $\gamma \in (0,1]$ .

## 3.1 Reparameterized Gradients of the Smoothed Objective

The ES gradient estimator in Equation (4) leverages the derivative of the logarithm. We can also apply the reparameterization technique [9] to the distribution  $\theta' \sim \mathcal{N}(\theta, \sigma^2 \mathbb{I})$  to obtain:

$$\nabla_{\theta} F^{\sigma,\gamma}(\theta) = \nabla_{\theta} \mathbb{E}_{\theta' \sim \mathcal{N}(\theta, \sigma^{2}\mathbb{I})} [J^{\gamma}(\pi_{\theta'})]$$

$$= \nabla_{\theta} \mathbb{E}_{\epsilon \sim \mathcal{N}(0,\mathbb{I})} [J^{\gamma}(\pi_{\theta+\epsilon \cdot \sigma})]$$

$$= \mathbb{E}_{\epsilon \sim \mathcal{N}(0,\mathbb{I})} [\nabla_{\theta+\epsilon \cdot \sigma} J^{\gamma}(\pi_{\theta+\epsilon \cdot \sigma})], \tag{6}$$

where  $\nabla_{\theta+\epsilon\cdot\sigma}J^{\gamma}(\pi_{\theta+\epsilon\cdot\sigma})$  can be computed by PG estimators for the discounted objective (5). To estimate (6), we sample  $\epsilon_i \sim \mathcal{N}(0, \sigma^2 \mathbb{I})$  and construct perturbed policies  $\theta_i' = \theta + \epsilon_i \cdot \sigma$ . Then an unbiased estimate  $\hat{g}_{\theta+\epsilon_i\cdot\sigma}^{\text{PG},\gamma}$  of the policy gradient  $\nabla_{\theta+\epsilon_i\cdot\sigma}J^{\gamma}(\pi_{\theta+\epsilon_i\cdot\sigma})$  can be computed from a single rollout trajectory using  $\pi_{\theta+\epsilon_i\cdot\sigma}$ . Finally the reparameterized gradient is computed by averaging:

$$\hat{g}_{\theta}^{\text{RE},\gamma} = \frac{1}{N} \sum_{i=1}^{N} \hat{g}_{\theta+\epsilon_i \cdot \sigma}^{\text{PG},\gamma}.$$
 (7)

### **Evolution Strategies with Structured Control Variates**

For the discounted objective  $F^{\sigma,\gamma}(\theta)$  we have two alternative gradient estimators. One is constructed using the score function gradient estimator (see: Equation (4)). The other uses the re-parameterization techquiue along with policy gradient estimators (see: Equation (7)). Combining these two estimators with the vanilla ES gradient for the undiscounted objective  $\hat{g}_{\theta}^{\text{ES},1}$ , we get:  $\hat{g}_{\theta}^{\text{CV}} = \hat{g}_{\theta}^{\text{ES},1} + \eta \odot (\hat{g}_{\theta}^{\text{ES},\gamma} - \hat{g}_{\theta}^{\text{RE},\gamma}),$ 

$$\hat{g}_{\theta}^{\text{CV}} = \hat{g}_{\theta}^{\text{ES},1} + \eta \odot (\hat{g}_{\theta}^{\text{ES},\gamma} - \hat{g}_{\theta}^{\text{RE},\gamma}), \tag{8}$$

where  $\eta$  is a vector of same dimension of  $\theta$  and  $\odot$  denotes an element-wise product. This scaling parameter  $\eta$  controls the relative importance of the two terms in (8). As discussed below, we can adapt the discount factor  $\gamma$  and the scaling parameter  $\eta$  to minimize the variance over time.

**Discount factor**  $\gamma$ . As in [2], for a vector  $g \in \mathbb{R}^n$ , we define its variance as the sum of its component variances  $\mathbb{V}[g] \coloneqq \sum_{i=1}^n \mathbb{V}[g_i]$ . We then adapt the discount factor  $\gamma \leftarrow \gamma - \alpha_\gamma \nabla_\gamma \mathbb{V}[\hat{g}_{\theta}^{\text{CV}}]$  for some learning rate  $\alpha_\gamma > 0$ . Since  $\mathbb{E}[\hat{g}_{\theta}^{\text{CV}}]$  does not depend on  $\gamma$ , we have equivalently  $\nabla_\gamma \mathbb{V}[\hat{g}_{\theta}^{\text{CV}}] = \nabla_\gamma \mathbb{E}[(\hat{g}_{\theta}^{\text{CV}})^2]$ . The gradient  $\nabla_\gamma \mathbb{E}[(\hat{g}_{\theta}^{\text{CV}})^2]$  can be itself estimated using backpropagation on minibatches but this tends to be unstable because each term in (5) involves  $\gamma^t$ . Alternatively, we build a more robust estimator of  $\nabla_{\gamma}\mathbb{E}[(\hat{g}^{\text{CV}}_{\theta})^2]$  using ES: in particular, sample  $\epsilon_i \sim \mathcal{N}(0,1)$  and let  $v_i$  be the evaluation of  $\mathbb{E}[(\hat{g}^{\text{CV}}_{\theta})^2]$  under  $\gamma + \sigma_{\gamma}\epsilon_i$  for some  $\sigma_{\gamma} > 0$ . The gradient estimator for  $\gamma$  is  $\hat{g}_{\gamma} = \frac{1}{N} \sum_{i=1}^{N} v_i \frac{\epsilon_i}{\sigma_{\gamma}}$ .

Though the full estimator (8) is defined for all discount factor  $\gamma \in (0,1]$ , in general we find it better to set  $\gamma < 1$  to stablize the PG components of the control variate.

**Coefficient**  $\eta$ . Since  $\eta$  is a vector with the same dimensionality as  $\theta$ , we can update each component of  $\eta$  to reduce the variance of each component of  $\hat{g}_{\theta}^{\text{cv}}$ . Begin by computing,  $\nabla_{\eta} \mathbb{V}[\hat{g}_{\theta}^{\text{cv}}]$  as follows:

$$\nabla_{\eta} \mathbb{V} \left[ \hat{g}_{\theta}^{\text{CV}} \right] = 2\eta \odot \mathbb{E} \left[ \left( \hat{g}_{\theta}^{\text{ES},\gamma} - \hat{g}_{\theta}^{\text{RE},\gamma} \right)^{2} \right] + 2\mathbb{E} \left[ \left( \hat{g}_{\theta}^{\text{ES},\gamma} - \hat{g}_{\theta}^{\text{RE},\gamma} \right) \odot \hat{g}_{\theta}^{\text{ES},1} \right]. \tag{9}$$

Then, estimate this gradient using MC sampling. Finally, adapt  $\eta$  by running online gradient descent:  $\eta \leftarrow \eta - \alpha_{\eta} \nabla_{\eta} \mathbb{V}[\hat{g}_{\theta}^{\text{CV}}]$  with some  $\alpha_{\eta} > 0$ .

Practical considerations. Certain practical techniques can be applied to stabilize the ES optimization procedure. For example, Salimans et al. [20] apply a centered rank transformation to the estimated returns  $J^{\gamma}(\pi_{\theta'_i})$  to compute the estimator of the gradient in Equation (4). This transformation is compatible with our proposal. The construction becomes  $\hat{g}_{\theta}^{\text{CV}} = \hat{g}_{\theta} + \eta(\hat{g}_{\theta}^{\text{ES},\gamma} - \hat{g}_{\theta}^{\text{RE},\gamma})$  where  $\hat{g}_{\theta}$  can be computed through the rank transformation.

Stochastic policies. While many prior works [20, 13, 2, 19] focus on deterministic policies for continuous action spaces, our method targets stochastic policies, as required by the PG computation. Estimating PG for a deterministic policy requires training critic functions and is in general biased [25]. We leave the investigation of determinstic policies to future work.

#### 3.3 Relationship to REBAR

REBAR [30] considers variance reduction of gradient estimators for probabilistic models with discrete latent variables. The discrete latent variable model has a relaxed model version, where the discrete sampling procedure is replaced by a differentiable function with reparameterized noise. This relaxed model usually has a temperature parameter  $\tau$  such that when  $\tau \to 0$  the relaxed model converges to the original discrete model. To optimize the discrete model, the baseline approach is to use score function gradient estimator, which is unbiased but has high variance. Alternatively, one could use the reparameterized gradient through the relaxed model, which has lower variance, but the gradient is biased for finite  $\tau > 0$  [7, 12]. The bias and variance of the gradient through the relaxed model is controlled by  $\tau$ . REBAR proposes to use the difference between the score function gradient and reparameterized gradient of the relaxed model as a control variate. Their difference has expectation zero and should be highly correlated with the reinforced gradient of the original discrete model, leading to potentially large variance reduction.

A similar connection can be found in ES for RL context. We can interpret the non-discounted objective, namely  $F^{\sigma,\gamma}(\pi_\theta)$  with  $\gamma=1$ , as the original model which gradient we seek to estimate. When  $\gamma<1$ , we have the relaxed model which gradient becomes biased but has lower variance (with respect to the non-discounted objective). Similar to REBAR, our proposal is to construct the score function gradient (ES estimator)  $\hat{g}^{\text{ES},\gamma}_{\theta}$  and reparameterized gradient (PG estimator)  $\hat{g}^{\text{RE},\gamma}_{\theta}$  of the general discounted objective  $\gamma<1$  (relaxed model), such that their difference  $\hat{g}^{\text{ES},\gamma}_{\theta}-\hat{g}^{\text{RE},\gamma}_{\theta}$  serves as a control variate. The variance reduction from REBAR applies here,  $\hat{g}^{\text{ES},\gamma}_{\theta}-\hat{g}^{\text{RE},\gamma}_{\theta}$  should be highly correlated with  $\hat{g}^{\text{ES},1}_{\theta}$ , which leads to effective variance reduction.

# 3.4 How much variance reduction is possible?

How does the variance reduction provided by control variate compare to that of general purpose methods, such as orthogonalization [2]? In this section, we build on a simple example to illustrate the different variance reduction properties of these approaches. Recall that we define the variance of a vector  $g \in \mathbb{R}^d$  as the sum of the variance of its components  $\mathbb{V}[g] = \sum_{i=1}^d \mathbb{V}[g_i]$  following notation from prior literature [2, 19].

Consider a one-step MDP problem where the agent takes only one action a and receives a reward  $r(a) = \alpha^T a$  for some  $\alpha \in \mathbb{R}^d$ . We choose the reward function to be linear in a, as a local approximation to a potentially nonlinear reward function landscape. Let the policy be a Gaussian with mean  $\mu$  and diagonal covariance matrix  $\Sigma = \sigma_2^2 \mathbb{I}$  with fixed  $\sigma_2$ . Here the policy parameter contains only the mean  $\theta = \mu$ . The RL objective is  $J(\pi_\mu) = \mathbb{E}_{a \sim \mathcal{N}(\mu, \Sigma)}[r(a)]$ . To compute the gradient, ES smoothes the objective with the Gaussin  $\mathcal{N}(\mu, \sigma_1^2 \mathbb{I})$  for a fixed  $\sigma_1$ . While vanilla ES generates i.i.d. perturbations  $\epsilon_i$ , orthogonal ES couples the perturbations such that  ${\epsilon'_i}^T {\epsilon'_j} = 0, i \neq j$ .

Denote d as the dimensionality of the parameter space  $\mu \in \mathbb{R}^d$  and let  $\rho = \sigma_2/\sigma_1$ . Let  $\hat{J}(\pi_{\mu 1})$  be a one-sample noisy estimate of  $J(\pi_{\mu})$ . Recall that ES gradient takes the form  $\hat{g}_{\mu}^{\text{ES}} = {}^1/N \sum_{i=1}^N \hat{J}(\pi_{\mu+\sigma_1\epsilon_i}) \, {}^{\epsilon_i}/\sigma_1$  (eq. (4)). The orthogonal ES gradient takes the same form, but with orthogonal perturbations  $\hat{g}_{\mu}^{\text{ort}} = {}^1/N \sum_{i=1}^N \hat{J}(\pi_{\mu+\sigma_1\epsilon_i'}) \, {}^{\epsilon_i'}/\sigma_1$ . Finally, the ES with control variate produces an estimator of the form (8). We are now ready to provide the following theoretical result.

**Theorem 3.1.** In the one-step MDP described above, the ratio of the variance of the orthogonal ES to the variance of the vanilla ES, and the corresponding ratio for the control variate ES satisfy respectively:

$$\frac{\mathbb{V}[\hat{g}^{ort}_{\mu}]}{\mathbb{V}[\hat{g}^{es}_{\mu}]} = 1 - \frac{N-1}{(1+\rho^2)d+1}, \quad \frac{\mathbb{V}[\hat{g}^{\text{CV}}_{\mu}]}{\mathbb{V}[\hat{g}^{es}_{\mu}]} \leq 1 - \frac{\rho^2[d((1+\rho^2)-4]}{[(1+\rho^2)d+1](1+\rho^2)}.$$

As a result, there exists a threshold  $\rho_0$  such that when  $\rho \geq \rho_0$ , we always have  $\mathbb{V}[\hat{g}_{\mu}^{\text{CV}}] \leq \mathbb{V}[\hat{g}_{\mu}^{\text{ort}}]$ . (See: Appendix for details). Importantly, when d is large enough, we have  $\rho_0 \to \sqrt{N/d}$ .

Some implications of the above theorem: (1) For orthogonal ES, the variance reduction depends explicitly on the sample size N. In cases where N is small, the variance gain over vanilla ES is not significant. On the other hand,  $\mathbb{V}[\hat{g}_{\mu}^{\text{CV}}]$  depends implicitly on N because in practice  $\eta^*$  is approximated via gradient decent and large sample size N leads to more stable updates; (2) The threshold  $\rho_0$  is

useful in practice. In high-dimensional applications where sample efficiency is important, we have large d and small N. This implies that for a large range of the ratio  $\rho = \frac{\sigma_2}{\sigma_1} \geq \rho_0$ , we could expect to achieve more variance reduction than orthogonal ES. (3) The above derivation is based on the simplification of the general multi-step MDP problem. The practical performance of the control variate can also be influenced by how well  $\eta^*$  is estimated. Nevertheless, we expect this example to provide some guideline as to how the variance reduction property of ES with control variate depends on  $\rho$  and N, in contrast to orthogonal ES; (4) The theoretical guarantee for variance reduction of orthogonal ES [2] relies on the assumption that  $\hat{J}(\pi_{\theta'})$  can be simulated without noise  $^1$ , which does not hold in practice. In fact, in RL the noise of the reward estimate heavily depends on the policy  $\pi_{\theta'}$  (intuitively the more random the policy is, the more noise there is in the estimate). On the other hand, ES with control variate depends less on such assumptions but rather relies on finding the proper scalar  $\eta$  using gradient descent. We will see in the experiments that this latter approach reliably improves upon the ES baseline.

# 4 Experiments

In the experiments, we aim to address the following questions: (1): Does the control variate improve downstream training through variance reduction? (2): How does it compare with other recent variance reduction techniques for ES?

To address these questions, we evaluate the effect of our control variate on a wide range of highdimensional RL tasks with continuous action space. To evaluate the efficiency of our method, we take recent general purpose variance reduction techniques for ES given below:

Antithetic sampling [20]: Let  $\epsilon_i, 1 \leq i \leq N$  be the set of perturbation directions. Antithetic sampling perturbs the policy parameter with a set of antithetic pairs  $(\epsilon_i, \epsilon'_i), 1 \leq i \leq N$  where  $\epsilon'_i = -\epsilon_i$ .

**Orthogonal directions** (*ORTHO*) [2]: The set of perturbations  $\epsilon_i$ ,  $1 \le i \le N$  applied to the policy parameter are generated such that they have the same marginal Gaussian distributions but are orthogonal to each other  $\epsilon_i^T \epsilon_j = 0, i \ne j$ .

Geometrically coupled Monte Carlo sampling (GCMC) [19]: For each antithetic pair  $(\epsilon_i, \epsilon_i')$ , GCMC couples their length such that  $F_R(\|\epsilon_i\|) + F_R(\|\epsilon_i'\|) = 1$  where  $F_R$  is the CDF of the norm of a standard Gaussian with the same dimension as  $\epsilon_i$ .

Quasi Monte-Carlo (QMC) [2, 19]: QMC first generates a low-discrepancy Halton sequence  $\{r_i\}_{i=1}^N$  in  $[0,1]^d$  with N elements where d is the dimension of parameter  $\theta$ . Then apply the inverse CDF  $F_g^{-1}$  of a standard univariate Gaussian elementwise to the sequence  $\epsilon_i = F_g^{-1}(r_i)$  to generate perturbation vectors.

We find that our RL-specific control variate achieves outperforms these general purpose variance reduction techniques.

Implementation details. Since anththetic sampling is the most commonly applied variance reduction method, we combine it with the control variate, ORTHO, GCMC and QMC. The policy  $\pi_{\theta}$  is parameterized as a neural network with 2 hidden layers each with 32 units and relu activation function. The output is a vector  $\mu_{\theta} \in \mathbb{R}^K$  used as a Gaussian mean, with a separately parameterized diagonal vector  $\sigma_0 \in \mathbb{R}^K$  independent of state. The action is sampled the Gaussian  $a \sim \mathcal{N}(\mu_{\theta}(s), \operatorname{diag}(\sigma^2))$ . The backpropagation pipeline is implemented with Chainer [28]. The learning rate is  $\alpha = 0.01$  with Adam optimizer [8], the perturbation standard deviation  $\sigma = 0.02$ . At each iteration we have N = 5 distinct perturbations  $\epsilon_i$  (2N samples in total due to antithete sampling). For the control variate (8), the discount factor is initialized to be  $\gamma = 0.99$  and updated with ES, we introduce the details in the Appendix. The control variate scaling factor  $\eta$  is updated with learning rate selected from  $\alpha_{\eta} \in \{10^{-3}, 10^{-4}, 10^{-5}\}$ . As commonly practiced in prior works [20, 13, 2], in order to make the gradient updates less sensitive to the reward scale, returns are normalized before used for computing the gradients. We adopt this technique and discuss the details in the Appendix.

**Benchmark tasks and baselines.** To evaluate how variance reduction impacts downstream policy optimization, we train neural network policies over a wide range of high-dimensional continuous

<sup>&</sup>lt;sup>1</sup>The variance reduction proof can be extended to cases where  $\hat{J}(\pi_{\theta'})$  has the same level of independent noise for all  $\theta'$ .

Table 1: Final performance on benchmark tasks. Here the final performance is defined as the mean cumulative rewardss of the last 10 epochs at training time. The policy is trained for a fixed number of steps on each task. The result is mean  $\pm$  std across 5 random seeds. The best results are highlighted in bold font. We highlight multiple methods if their results cannot be separated (mean  $\pm$  std overlap). CV (ours) achieves consistent gains over the baseline and other variance reduction methods.

Tasks	Vanilla ES	Orthogonal	GCMC	QMC	CV (Ours)
LQR	$-176 \pm 12$	$-1337 \pm 573$	$-1246 \pm 502$	$-5634 \pm 1059$	$-143\pm4$
SWIMMER	$141 \pm 20$	$171 \pm 47$	$94 \pm 19$	$16 \pm 2$	$237 \pm 33$
HALFCHEETAH	$1339 \pm 178$	$1185 \pm 76$	$1375 \pm 58$	$-3466 \pm 338$	$1897 \pm 232$
WALKER	$1155 \pm 34$	$1087 \pm 1$	$360 \pm 4$	$6 \pm 0$	$1476 \pm 112$
Pong(R)	$-5.0 \pm 0.8$	$-5.5 \pm 0.3$	$-10.6 \pm 0.4$	$-15.6 \pm 0.3$	$\mathbf{-3.0} \pm 0.3$
HALFCHEETAH(R)	$595 \pm 42$	$685 \pm 34$	$68 \pm 8$	$11 \pm 2$	$\textbf{709} \pm \textbf{16}$
BIPEDWALWALKER	$25 \pm 9$	$\textbf{107} \pm \textbf{31}$	$-19 \pm 5$	$-70 \pm 3$	$105 \pm 40$
CHEETAH(DM)	$281 \pm 15$	$217 \pm 15$	$129 \pm 4$	$18 \pm 5$	$296 \pm 15$
PENDULUM(DM)	$20 \pm 3$	$54 \pm 17$	$25 \pm 8$	$11 \pm 2$	$43 \pm 1$
TwoPoles(DM)	$159 \pm 13$	$158 \pm 2$	$196 \pm 12$	$62 \pm 12$	$245 \pm 29$
SWINGUP(DM)	$394 \pm 15$	$369 \pm 22$	$\textbf{414} \pm \textbf{31}$	$67 \pm 14$	$406 \pm 26$
BALANCE(DM)	$692 \pm 57$	$771 \pm 41$	$995 \pm 1$	$223 \pm 32$	$847 \pm 71$
HOPPERHOP(DM)	$\boldsymbol{5.7 \pm 2.1}$	$\boldsymbol{6.8 \pm 0.7}$	$0.3 \pm 0.1$	$0.0 \pm 0.0$	$6.5 \pm 1.5$
STAND(DM)	$21 \pm 5$	$36 \pm 10$	$54 \pm 4$	$1.0 \pm 0.2$	$60 \pm 11$
ANTWALK(DM)	$200 \pm 19$	$234 \pm 10$	$82 \pm 11$	$133 \pm 9$	$239 \pm 10$
ANTESCAPE(DM)	$47 \pm 3$	$52 \pm 3$	$8\pm2$	$10 \pm 1$	$51 \pm 2$

control tasks, taken from OpenAI gym [1], Roboschool [24] and DeepMind Control Suites [27]. We introduce their details below. We also include a LQR task suggested in [13] to test the stability of the gradient update for long horizons (T=2000). Details of the tasks are in the Appendix. The policies are trained with five variance reduction settings: Vanilla ES baseline; ES with orthogonalization (ORTHO); ES with GCMC (GCMC); ES with Quasi-MC (QMC); and finally our proposed ES with control variate (CV).

**Results.** In each subplot of Figure 2, we present the learning curves of each variance reduction technique, with average performance over 5 random seeds and the shaded areas indicate standard deviations. We make several observations regarding each variance reduction technique: (1) Though *ORTHO* and *GCMC* significantly improve the learning progress over the baseline Es under certain settings (e.g. *ORTHO* in Swimmer and *GCMC*), their improvement is not very consistent. In certain cases, adding such techniques even makes the performance worse than the baseline Es. We speculate that this is because the variance reduction conditions required by these methods are not satisfied, e.g. the assumption of noiseless estimate of returns. Overall, *ORTHO* is more stable than *GCMC* and *QMC*; (2) *QMC* performs poorly on most tasks. We note that similar results have been reported in [19] where they train a navigation policy using *QMC* and show that the agent does not learn at all. We speculate that this is because the variance reduction achieved by *QMC* is not worth the bias in the RL contexts; (3) No variance reduction technique performs uniformly best across all tasks. However, *CV* performs the most consistently and achieves stable gains over the vanilla Es baseline, while other methods can underperform the vanilla Es baseline.

To make clear the comparison of final performance, we record the final performance (mean  $\pm$  std) of all methods in Table 1. Best results across each task are highlighted in bold font. For a fair presentation of the results, in cases where multiple methods achieve statistically similar performance, we highlight all such methods. CV consistently achieves the top results across all reported tasks.

A natural question is what happens when we update the policy just based on the PG estimator? We show the complete comparison with PG in the Appendix in Table 2, where we find pure PG to be mostly outperformed by the other ES baselines. We speculate that this is because the vanilla PG are themselves quite unstable, as commonly observed in prior works on PG which aim to alleviate the instability by introducing bias in exchange for smaller variance [22, 14, 24]. We provide a detailed review in the Appendix. This comparison also implies that a careful control variate scheme can extract the benefit of PG estimators for variance reduction in ES, instead of completely relying on PG.

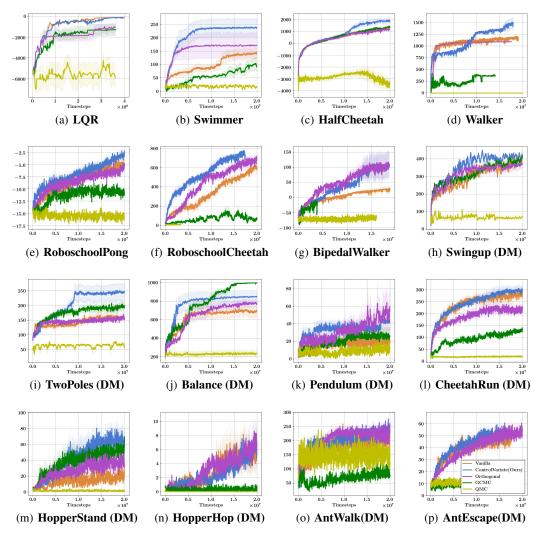


Figure 2: Training performance on Continuous Control Benchmarks: Swimmer, HalfCheetah, CartPole + {Swingup, TwoPoles, Balance}, Pendulum Swingup, Cheetah Run and Hopper. Tasks with DM stickers are from the DeepMind Control Suites. We compare five alternatives: baseline ES (orange), CV (blue, ours), ORTHO (marron), GCMC (green) and QMC (yellow). Each task is trained for  $2 \cdot 10^7$  time steps (LQR is trained for  $4 \cdot 10^6$  steps) and the training curves show the mean  $\pm$  std cumulative rewards across 5 random seeds.

# 5 Conclusion

We constructed a control variate for ES that take advantage of the MDP structure of RL problems to improve on state-of-the-art variance reduction methods for ES algorithms. Training algorithms using our control variate outperform those applying general-purpose MC methods for variance reduction. We provided theoretical insight into the effectiveness of our algorithm as well as exhaustive comparison of its performance with other methods on the set of over 16 RL benchmark tasks. In principle, this control variate can be combined with other variance reduction techniques; this may lead to further performance gains. We leave as future work to study how similar structured control variates can be applied to improve the performance of state-of-the-art PG algorithms.

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## A How Much Variance Reduction is Possible?

Recall in the main paper we consider a one-step MDP with action  $a \in \mathbb{R}^d$ . The reward function is  $\alpha^T a$  for some  $\alpha \in \mathbb{R}^d$ . Consider a Gaussian policy with mean parameter  $\mu$  and fixed covariance matrix  $\Sigma = \sigma_2^2 \mathbb{I}$ . The action is sampled as  $a \sim \mathcal{N}(\mu, \Sigma)$ . ES convolves the reward objective with a Gaussian with covariance matrix  $\sigma_1^2 \mathbb{I}$ . Let  $\epsilon_1^{(i)}, \epsilon_2^{(i)} \sim \mathcal{N}(0, \mathbb{I}), 1 \leq i \leq N$  be N independent reparameterized noise, we can derive the vanilla ES estimator

$$\hat{g}_{\mu}^{\text{ES}} = \frac{1}{N} \sum_{i=1}^{N} \hat{g}_{\mu,i}^{\text{ES}} = \frac{1}{N} \sum_{i=1}^{N} \alpha^{T} (\mu + \sigma_{1} \epsilon_{1}^{(i)} + \sigma_{2} \epsilon_{2}^{(i)}) \frac{\epsilon_{2}^{(i)}}{\sigma_{2}}$$

The orthogonal estimator is constructed by N perturbations  $\epsilon_{2,\text{ort}}^{(i)}$  such that  $\langle \epsilon_{2,\text{ort}}^{(i)}, \epsilon_{2,\text{ort}}^{(j)} \rangle = 0$  for  $i \neq j$ , and each  $\epsilon_2^{(i)}$  is still marginally d-dimensional Gaussian. The orthogonal estimator is

$$\hat{g}_{\mu}^{\text{ort}} = \frac{1}{N} \sum_{i=1}^{N} \hat{g}_{\mu,i}^{\text{ort}} = \frac{1}{N} \sum_{i=1}^{N} \alpha^{T} (\mu + \sigma_{1} \epsilon_{1}^{(i)} + \sigma_{2} \epsilon_{2,\text{ort}}^{(i)}) \frac{\epsilon_{2,\text{ort}}^{(i)}}{\sigma_{2}}$$

Finally, we consider the ES gradient estimator with control variate. In particular, we have the reparameterized gradient as

$$\hat{g}_{\mu}^{\text{RE}} = \frac{1}{N} \sum_{i=1}^{N} \hat{g}_{\mu,i}^{\text{RE}} = \frac{1}{N} \sum_{i=1}^{N} \alpha^{T} (\mu + \sigma_{1} \epsilon_{1}^{(i)} + \sigma_{2} \epsilon_{2}^{(i)}) \frac{\epsilon_{1}^{(i)}}{\sigma_{1}}$$

The general gradient estimator with control variate is

$$\hat{g}_{\mu}^{\text{CV}} = \hat{g}_{\mu}^{\text{ES}} + \eta \odot (\hat{g}_{\mu}^{\text{RE}} - \hat{g}_{\mu}^{\text{ES}})$$

where  $\eta \in \mathbb{R}^d$ . Since  $\eta$  can be independently chosen across dimensions, the maximal variance reduction is achieved by setting  $\eta_i = -\frac{\text{cov}(X_i, Y_i)}{\mathbb{V}[Y_i]}$  where here  $X = \hat{g}_{\mu}^{\text{ES}}, Y = \hat{g}_{\mu}^{\text{RE}} - \hat{g}_{\mu}^{\text{ES}}$ .

Recall that for a vector g of dimension d, its variance is defined as the sum of the variance of its components  $\mathbb{V}[g] = \sum_{i=1}^{d} \mathbb{V}[g_i]$ . For simplicity, let  $\rho = \frac{\sigma_2}{\sigma_1}$ . We derive the variance for each estimator below.

Vanilla ES. For the vanilla ES gradient estimator, the variance is

$$\mathbb{V}[\hat{g}_{\mu}^{\mathrm{ES}}] = \frac{d+1}{N} \|\alpha\|_{2}^{2}$$

**Orthogonal ES.** For the orthogonal ES gradient estimator, the variance is

$$\mathbb{V}[\hat{g}_{\mu}^{\text{ort}}] = \frac{(1+\rho^2)d + 2 - N}{N} \|\alpha\|_2^2$$

**ES with Control Variate.** For the ES gradient estimator with control variate, recall the above notation  $X = \hat{g}_{\mu}^{\mathrm{ES}}, Y = \hat{g}_{\mu}^{\mathrm{RE}} - \hat{g}_{\mu}^{\mathrm{ES}}$ . We first compute  $\rho(X_p, Y_p)^2 = \frac{\mathrm{cov}^2(X_p, Y_p)}{\mathbb{V}[X_p]\mathbb{V}[Y_p]}$  for each component p. Let  $X_{p,i}, Y_{p,i}$  be the pth component of  $\hat{g}_{\mu,i}^{\mathrm{ES}}$  and  $\hat{g}_{\mu,i}^{\mathrm{RE}} - \hat{g}_{\mu,i}^{\mathrm{ES}}$  respectively. We will detail how to compute  $\mathrm{cov}(X_p, Y_p), \mathbb{V}[V_p]$  in the next section. With these components in hand, we have the final variance upper bound

$$\mathbb{V}[\hat{g}_{\mu}^{\text{CV}}] \leq \mathbb{V}[\hat{g}_{\mu}^{\text{ES}}] \{ 1 - \frac{(1+\rho^2)[d((1+\rho^2)-4]}{[(1+\rho^2)d+1](2+\rho^2+\frac{1}{\rho^2})} \}.$$

# **B** Derivation Details

Recall that for a vector g of dimensioon d, we define its variance as  $\mathbb{V}[g] = \sum_{i=1}^{d} \mathbb{V}[g_i]$  For simplicity, recall that  $\rho = \frac{\sigma_2}{\sigma_1}$ .

#### **B.1** Variance of Orthogonal ES

We derive the variance of orthogonal ES based on the formula in the Appendix of [2]. In particular, we can easily compute the i sample estimate for the pth component of  $X_{i,p} = [\hat{g}_{\mu,i}^{\text{ort}}]_p$ 

$$\mathbb{E}[X_{i,p}^2] = (1 + \rho^2) \|\alpha\|_2^2 + \alpha_p^2$$

Hence the variance can be calculated as

$$\mathbb{V}[\hat{g}_{\mu}^{\mathrm{ort}}] = \mathbb{V}[X] = \frac{(1+\rho^2)d + 2 - N}{N} \|\alpha\|_2^2$$

#### **B.2** Variance of Vanilla ES

When we account for the cross product terms as in [2], we can easily derive

$$\mathbb{V}[\hat{g}_{\mu}^{\text{ES}}] = \mathbb{V}[X] = \frac{(1+\rho^2)d + 1}{N} \|\alpha\|_2^2.$$

We can also easily derive the variance per component  $\mathbb{V}[X_p] = \frac{1}{N}((1+\rho)^2||\alpha||_2^2 + \alpha_p^2)$ .

#### **B.3** Variance of ES with Control Variate

Recall the definition  $X_p = X^T e_p, Y_p = Y^T e_p$  where  $e_p$  is a one-hot vector with  $[e_p]_i = \delta_{ip}$ . For simplicity, we fix p and denote  $x_i = X_{p,i}, y_i = X_{p,i} - Y_{p,i}$ .

**Step 1: Calculate cov** $(X_p, Y_p)$ . The notation produces the covariance

$$cov(X_p, Y_p) = cov(\frac{1}{N} \sum_{i=1}^{N} x_i, \frac{1}{N} \sum_{i=1}^{N} (x_i - y_i))$$

$$= \frac{1}{N^2} \mathbb{E}[\sum_{i,j} x_i x_j - x_i y_j].$$
(10)

We identify some necessary components. Let  $i \neq j$ , then

$$\mathbb{E}[x_i^2] = \mathbb{E}[(\alpha^T (\sigma_1 \epsilon_1 + \sigma_2 \epsilon_2) \frac{\epsilon_{1,p}}{\sigma_1})^2]$$

$$= \mathbb{E}[(\alpha^T \epsilon_1)^2 \epsilon_{1,p}^2 + (\alpha^T \epsilon_2)^2 \rho^2]$$

$$= (1 + \rho^2) \|\alpha\|_2^2 + 2\alpha_p^2$$

$$\mathbb{E}[x_i x_j] = \mathbb{E}[x_i y_j] = \alpha_p^2$$

$$\mathbb{E}[x_i y_i] = \mathbb{E}[(\alpha^T (\sigma_1 \epsilon_1 + \sigma_2 \epsilon_2)^2 \frac{\epsilon_{1,p} \epsilon_{2,p}}{\sigma_1 \sigma_2}]$$

$$= \mathbb{E}[2\alpha^T \epsilon_1 \alpha^T \epsilon_2 \epsilon_{1,p} \epsilon_{2,p}] = 2\alpha_p^2$$
(11)

We can hence derive

$$\begin{aligned} \text{cov}(X_p, Y_p) &= \frac{1}{N^2} [\sum_{i=1}^N \mathbb{E}[x_i^2 - x_i y_i] + \sum_{i \neq j} \mathbb{E}[x_i x_j - x_i y_j]] \\ &= \frac{1}{N} [(1 + \rho^2) \|\alpha\|_2^2 - 2\alpha_p^2] \end{aligned}$$

**Step 2: Calculate**  $\mathbb{V}[Y_p]$ . We only need to derive  $\mathbb{E}[Y_{p,i}^2] = \mathbb{E}[(\alpha^T(\sigma_1\epsilon_1 + \sigma_2\epsilon_2)(\frac{\epsilon_{1,p}}{\sigma_1} - \frac{\epsilon_{2,p}}{\sigma_2})^2]$ . After expanding all the terms, we can calculate

$$\mathbb{E}[(\alpha^{T}(\sigma_{1}\epsilon_{1} + \sigma_{2}\epsilon_{2})(\frac{\epsilon_{1,p}}{\sigma_{1}} - \frac{\epsilon_{2,p}}{\sigma_{2}})^{2}] = (2 + \rho^{2} + \frac{1}{\rho^{2}})\|\alpha\|_{2}^{2}$$

Step 3: Combine all components. We finally combine all the previous elements into the main result on variance reduction. Assuming that the scaling factor of the control variate  $\eta$  is optimally set, the maximum variance reduction leads to the following resulting variance of component p. Using the above notations

$$\begin{split} \mathbb{V}[[\hat{g}_{\mu}^{\text{CV}}]_p] &= \mathbb{V}[X_p] - \frac{\text{cov}^2(X_p, Y_p)}{\mathbb{V}[Y_p]} \\ &= \frac{(1+\rho)^2 \|\alpha\|_2^2 + \alpha_p^2}{N} - \frac{1}{N} \frac{[(1+\rho)^2 \|\alpha\|_2^2 - 2\alpha_p^2]^2}{(2+\rho^2 + \frac{1}{\rho^2}) \|\alpha\|_2^2}. \end{split}$$

We can lower bound the right hand side and sum over d dimensions,

$$\mathbb{V}[\hat{g}_{\mu}^{\text{cv}}] = \sum_{p=1}^{d} \mathbb{V}[[\hat{g}_{\mu}^{\text{cv}}]_{p}] \leq \mathbb{V}[X] - \frac{d}{N} \frac{(1+\rho^{2})^{2}}{2+\rho^{2}+\frac{1}{\rho^{2}}} \|\alpha\|_{2}^{2} + \frac{4}{N} \frac{1+\rho^{2}}{2+\rho^{2}+\frac{1}{\rho^{2}}}$$

Finally, we plug in  $\mathbb{V}[X]$  and calculate the variance ratio with respect to the vanilla ES

$$\frac{\mathbb{V}[\hat{g}_{\mu}^{\text{CV}}]}{\mathbb{V}[\hat{g}_{u}^{\text{ES}}]} \leq 1 - \frac{\rho^{2}[d((1+\rho^{2})-4]}{[(1+\rho^{2})d+1](1+\rho^{2})}.$$

As a comparison, we can calculate the variance ratio of the orthogonal ES

$$\frac{\mathbb{V}[\hat{g}_{\mu}^{\text{ort}}]}{\mathbb{V}[\hat{g}_{\mu}^{\text{ES}}]} = \frac{(1+\rho^2)d + 2 - N}{(1+\rho^2)d + 1}.$$

When does the control variate achieve lower variance? We set the inequality  $\mathbb{V}[\hat{g}_{\mu}^{\text{ort}}] \geq \mathbb{V}[\hat{g}_{\mu}^{\text{CV}}]$  and calculate the following condition

$$\rho \ge \rho_0 = \sqrt{\frac{N+3-d+\sqrt{(d-N-3)^2+4(N-1)d}}{2d}}.$$
(12)

The expression (12) looks formidable. To simplify the expression, consider the limit  $N \to \infty$  while maintaining  $\frac{N}{d} \in [0,1]$ . Taking this limit allows us to drop certain constant terms on the right hand side, which produces  $\rho_0 = \sqrt{\frac{N}{d}}$ .

### C Additional Experiment Details

# C.1 Updating Discount Factor $\gamma$

The discount factor  $\gamma$  is updated using ES methods. Specifically, at each iteration t, we maintain a current  $\gamma_t$ . The aim is to update  $\gamma_t$  such that the empirical estimate of  $\mathbb{V}[\hat{g}^{\text{CV}}_{\theta}]$  is minimized. For each value of  $\gamma$  we can calculate a  $\hat{g}^{\text{CV}}_{\theta}(\gamma)$ , here we explicitly note its dependency on  $\gamma$ . For this iteration, we setup a blackbox function as  $F(\gamma) = \sum_{i=1}^d [\hat{g}^{\text{CV}}_{\theta}(\gamma)]_i^2$  where d is the dimension of parameter  $\theta$ . Then the ES update for  $\gamma$  is  $\gamma_{t+1} = \gamma_t - \alpha_\gamma \hat{g}_\gamma$ , where

$$\hat{g}_{\gamma} = \frac{1}{N_{\gamma}} \sum_{i=1}^{N_{\gamma}} \frac{F(\gamma_t + \sigma_{\gamma} \epsilon_i)}{\sigma_{\gamma}} \epsilon_i, \ \epsilon_i \sim \mathcal{N}(0, 1).$$
 (13)

As mentioned in the paper, to ensure  $\gamma \in (0,1]$  we parameterize  $\gamma = 1 - \exp(\phi)$  in our implementation. We optimize  $\phi$  using the same ES scheme but in practice we set  $\alpha_{\phi}, \sigma_{\phi}, N_{\phi}$ . Here we have  $\alpha_{\phi} \in \{10^{-4}, 10^{-5}, 10^{-6}\}$ ,  $\sigma_{\phi} = 0.02$  and  $N_{\phi} = 10$ . Sometimes we find it effective to just set  $\gamma$  to be the initial constant, because the control variate scalar  $\eta$  is also adjusted to minimize the variance.

# C.2 Normalizing the gradients

Vanilla stochastic gradient updates are sensitive to the scaling of the objective function, which in our case are the reward functions. Recall the vanilla ES estimator  $\hat{g}_{\theta}^{\text{es}} = \frac{1}{N} \sum_{i=1}^{N} \frac{J(\pi_{\theta + \sigma \cdot \epsilon_i})}{\sigma} \epsilon_i$  where

Table 2: Final performance on benchmark tasks. The policy is trained for a fixed number of steps on each task. The result is mean  $\pm$  std across 5 random seeds. The best results are highlighted in bold font. We highlight multiple methods if their results cannot be separated (mean  $\pm$  std overlap). CV (ours) achieves consistent gains over the baseline and other variance reduction methods. We also include a PG baseline.

Tasks	Vanilla ES	Orthogonal	GCMC	QMC	CV (Ours)	PG
LQR	$-176 \pm 12$	$-1337 \pm 573$	$^{-1246}\pm$	$-5634 \pm 1059$	$-143\pm4$	$-7243 \pm 275$
SWIMMER	$141 \pm 20$	$171 \pm 47$	$94 \pm 19$	$16 \pm 2$	$237 \pm 33$	$-132 \pm 5$
HALFCHEETAH	$1339\pm178$	$1185 \pm 76$	$1375 \pm 58$	$-3466 \pm 338$	$1897 \pm 232$	$-180 \pm 4$
WALKER	$1155 \pm 34$	$1087 \pm 1$	$360 \pm 4$	$6\pm0$	$1476 \pm 112$	$282 \pm 25$
Pong(R)	$-5.0 \pm 0.8$	$-5.5 \pm 0.3$	$^{-10.6}\pm$ 0.4	$^{-15.6}\pm$ 0.3	$\mathbf{-3.0} \pm 0.3$	$-17\pm0.2$
HALFCHEETAH(R)	$595 \pm 42$	$685 \pm 34$	$68 \pm 8$	$11 \pm 2$	$\textbf{709} \pm \textbf{16}$	$12 \pm 0$
BIPEDALWALKER	$25 \pm 9$	$\textbf{107} \pm \textbf{31}$	$-19 \pm 5$	$-70 \pm 3$	$105 \pm 40$	$-82 \pm 12$
CHEETAH(DM)	$281 \pm 15$	$217 \pm 15$	$129 \pm 4$	$18 \pm 5$	$296 \pm 15$	$25 \pm 6$
PENDULUM(DM)	$20 \pm 3$	$54 \pm 17$	$25 \pm 8$	$11 \pm 2$	$43 \pm 1$	$3 \pm 1$
TwoPoles(DM)	$159 \pm 13$	$158 \pm 2$	$196 \pm 12$	$62 \pm 12$	$245 \pm 29$	$14 \pm 1$
SWINGUP(DM)	$394 \pm 15$	$369 \pm 22$	$\textbf{414} \pm \textbf{31}$	$67 \pm 14$	$406 \pm 26$	$55 \pm 10$
BALANCE(DM)	$692 \pm 57$	$771 \pm 41$	$995 \pm 1$	$223 \pm 32$	$847 \pm 71$	$401 \pm 12$
HOPPERHOP(DM)	$5.7 \pm 2.1$	$6.8 \pm 0.7$	$0.3 \pm 0.1$	$0.0 \pm 0.0$	$6.5 \pm 1.5$	$0.1 \pm 0.0$
STAND(DM)	$21 \pm 5$	$36 \pm 10$	$54 \pm 4$	$1.0 \pm 0.2$	$60 \pm 11$	$0.5 \pm 0.1$
AntWalk(DM)	$200 \pm 19$	$234 \pm 10$	$82 \pm 11$	$133 \pm 9$	$239 \pm 10$	$100 \pm 11$
ANTESCAPE(DM)	$47 \pm 3$	$52 \pm 3$	$8 \pm 2$	$10 \pm 1$	$51 \pm 2$	$6 \pm 1$

 $J(\pi_{\theta})$  is the return estimate under policy  $\pi_{\theta}$ . To ensure that the gradent is properly normalized, the common practice [20, 13, 2] is to normalize the returns  $\tilde{J} \leftarrow \frac{J-\bar{J}}{\sigma(J)}$ , where  $\bar{J}, \sigma(J)$  are the mean/std of the estimated returns of the batch of N samples. The normalized returns  $\tilde{J}$  are used in place of the original returns in calculating the gradient estimators. In fact, we can interpret the normalization as subtracting a moving average baseline (for variance reduction) and dividing by a rough estimate of the local Lipchitz constant of the objective landscape. These techniques tend to make the algorithms more stable under reward functions with very different scales.

The same technique can be applied to the control variate. We divide the original control variate by  $\sigma(J)$  to properly scale the estimators.

## **D** Additional Experiments

### D.1 Comparison with Policy Gradient Methods

As discussed in the main paper, the control variate is constructed partially from the PG estimator. We compare the performance of a pure PG estimator in the Table 2 below. We observe that the pure PG estimator underperforms the other strong ES baselines on many of the reported tasks.

Instability of PG. It has been observed that the vanilla PG estimators are not stable. Even when the discount factor  $\gamma < 1$  is introduced to reduce the variance, vanilla PG estimators can still have large variance due to the long horizon. As a result in practice, the original form of the PG (5) is rarely used. Instead, prior works and practical implementations tend to introduce bias into the estimators in exchange for lower variance: e.g. average across states intsead of trajectories [3], clipping based trust region [24] and biased advantage estimation [23]. These techniques stabilize the estimator and lead to state-of-the-art performance, however, their theoretical property is less clear (due to their bias). We leave the study of combining such biased estimators with ES as future work.